

Primary Summer Menu 2022

Week One 25.04.22 16.05.22 13.06.22 04.07.22	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork Sausage Pasta Ragu	Ham and Cheese Panini	Roasted Chicken	Chicken Pilau Rice, Mint Dressing and Mini Naan	Fish, Chips and Beans
Vegetarian	Tomato and Cannellini Bean Pasta	Cheese and Pineapple Toasted Sandwich	Broccoli, Tomato and Cheddar Quiche	Butternut Squash and Garden Pea Pasta	Cheddar and Spring Onion Quesadilla with Salad
Garnish	Garlic Bread Crispy Salad Grated Cheese	Tomato and Cucumber Salad Cheese	Roast New Potatoes Cabbage, Carrots and Gravy	Chopped Salad, Wholemeal Croutons	Ketchup or Mayonnaise
Dessert	Frube Yoghurt	Apple Cake	Strawberry Jelly	Strawberry and Apple Crumble with Custard	Fresh Fruit Selection

Plated sandwich meal on Best of Both available daily; choice of ham, tuna mayo or cheese served with garnish and dessert

Jacket potato with cheese and beans available each day. Wholemeal bread available daily.

Choice of fruit or yoghurt available as an alternative to the dessert.

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Week two 02.05.22 23.05.22 20.06.22 11.07.22	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Pork and Apple Burger	Fish Cakes	Slow Roasted Pork Shoulder with Crackling	Macaroni Cheese	Hand-rolled Margherita Pizza
Vegetarian	Veggie Burger	Veggi Sausages	Cheesy Broccoli and Cauliflower Bake	Veggie Macaroni Cheese	Hand-rolled Margherita Pizza
Garnish	Chips, Tomato Ketchup and Sweetcorn	Potato Wedges, Peas and Ketchup	Roasted New Potatoes, Cabbage, Carrots and Gravy	Salad & Garlic Bread	Potato Salad, Lettuce and Tomatoes
Dessert	Frube Tube	Apple Crumble with Custard	Butterscotch Mousse	Jam & Coconut Sponge	Fresh Fruit Selection

Plated sandwich meal on Best of Both available daily; choice of ham, tuna mayo or cheese served with garnish and dessert

Jacket potato with cheese and beans available each day. Wholemeal bread available daily.

Choice of fruit or yoghurt available as an alternative to the dessert.

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Week Three 09.05.22 06.06.22 27.06.22 18.07.22	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Fish Fingers	Ham and Cheese Panini	Roasted Chicken	Mild, Creamy Chicken and Vegetable Korma	Hand-rolled Peperoni Pizza with Garlic Oil
Vegetarian	Cheddar, Broccoli and Tomato Quiche	Cheese and Tomato Panini	Roasted Mediterranean Vegetable Quiche	Butternut Squash and Chickpea Curry	Cheddar and Spring Onion Quesadilla
Garnish	Chips and Peas	Potato Wedges, Peas and Sweetcorn	Roast New Potatoes Broccoli, Carrots and Gravy	Two Tone Rice Mint Dressing	Fresh Potato and Spinach Salad
Dessert	Frube Tube	Bramble Crumble with Custard	Strawberry Jelly	Flapjack	Fresh Fruit Selection

Plated sandwich meal on Best of Both available daily; choice of ham, tuna mayo or cheese served with garnish and dessert

Jacket potato with cheese and beans available each day. Wholemeal bread available daily.

Choice of fruit or yoghurt available as an alternative to the dessert.



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Veggi sausage		X												
Meaty Mac or Macaroni Cheese, Broccoli and French Beans		X		X			X							
Chocolate Shortbread		X					X							
Flapjack														
Chips		X												
Banana Cake		X		X										
Angel delight		X					X							
Carrot Cake		X		X			X							
Honey Cake		X		X										
Strawberry & Orange Jelly														
Orange Cake		X		X			X							
Fresh Fruit														
Fruit Yoghurt							X							
Cheese Sandwich		X					X						X	
Ham Sandwich		X											X	
Tuna Sandwich		X			X								X	
Baked Beans														
Spaghetti hoops		X												

The 14 allergens are: **celery**, **cereals containing gluten** (such as barley and oats), **crustaceans** (such as prawns, crabs and lobsters), **eggs**, **fish**, **lupin**, **milk**, **molluscs** (such as mussels and oysters), **mustard**, **peanuts**, **sesame**, **soybeans**, **sulphur dioxide and sulphites** (if they are at a concentration of more than ten parts per million) and **tree nuts** (such as almonds, hazelnuts, walnuts, brazil nuts, cashews, pecans, pistachios and macadamia nuts).