

*Seconds – eating a piece of popcorn, putting your hat on, walking across the classroom*



*Minutes – reading a picture book, taking a bath, brushing your teeth*

*Hours – going on a school trip, flying across the world, sleeping at night*

*Children should show that they can choose the right equipment and use it to time themselves completing an activity. Accept any sensible answers that children give.*



We sleep for about 8 *hours* each night.

It takes 30 *seconds* to wash your hands.

We must brush our teeth for 2 *minutes*.

Playtime lasts for 15 *minutes*.

The school day lasts for about 6 *hours*.

A football match takes 90 seconds. *False*

It takes 5 minutes to get dressed. *True*

A cake takes 1 minute to bake. *False*

