

# What to do today

*IMPORTANT Parent or Carer – Read this page with your child and check that you are happy with what they have to do and any weblinks or use of internet.*

## 1. Read a poem

- Read *These are the hands* by Michael Rosen. Read it twice – once in your head and once out loud. What rhythm can you find as you read?

- Watch Michael Rosen reading the poem:

<https://www.youtube.com/watch?v=vb3vKDyQ244>

What did you notice about the poem from this performance?

## 2. Highlight verbs and nouns

- Highlight the verbs and nouns that are used in the poem.
- Which have been hidden from *Verb and Noun* list? Write them in.

## 3. Now for some writing

- Think of other people who have helped during this time.
- Complete *Professions – Nouns and Verbs*, thinking of nouns and verbs to do with three other groups of people.
- Try turning your ideas into a poem. You can begin each verse with ‘These are the hands...’ (or you could think of eyes or feet or faces...)
- Try to give your poem rhythm and perhaps rhyme too.

## Try the Fun-Time Extras

- Practise performing your poem.
- Send your performance or a copy of your poem to some of the groups of people that you have written about.

## **These are the hands**

These are the hands  
That touch us first  
Feel your head  
Find the pulse  
And make your bed.

These are the hands  
That tap your back  
Test the skin  
Hold your arm  
Wheel the bin  
Change the bulb  
Fix the drip  
Pour the jug  
Replace your hip.

These are the hands  
That fill the bath  
Mop the floor  
Flick the switch  
Soothe the sore  
Burn the swabs  
Give us a jab  
Throw out sharps  
Design the lab.

And these are the hands  
That stop the leaks  
Empty the pan  
Wipe the pipes  
Carry the can  
Clamp the veins  
Make the cast  
Log the dose  
And touch us last.

*Michael Rosen*

## Verbs and Nouns List

Verbs as they occur in the poem	Nouns as they occur in the poem
touch feel f make tap test hold w change fix pour r fill mop flick soothe b give throw out design stop empty w carry clamp make log	hands head pulse bed b skin arm bin bulb d jug hip bath fl switch sore s jab sharps lab leaks pan p can veins cast dose

## Professions – nouns and verbs

<b>Refuse-collectors</b>			
<b>Verbs</b>	<b>Nouns</b>	<b>Verbs</b>	<b>Nouns</b>
Emptied Taken Collected Wheeled Driven	Rubbish Waste Cardboard Bags Bins Cart		
<b>Verbs</b>	<b>Nouns</b>	<b>Verbs</b>	<b>Nouns</b>

## Your poem

Write your own poem, using your ideas from **Professions – Nouns and Verbs**.  
You can start each verse: 'These are the hands...' (Or you could talk about feet,  
minds, eyes, faces...)

A large rectangular writing area with a decorative orange and black border. The border consists of a repeating pattern of orange zig-zags and black dots. Inside the border, there are 20 horizontal lines for writing, creating 19 rows of space.