

What to do today

IMPORTANT Parent or Carer – Read this page with your child and check that you are happy with what they have to do and any weblinks or use of internet.

1. Explore a set of instructions

- Watch this tutorial about a dance
<https://www.youtube.com/watch?v=A-9RWQc4tzE>
- Read the *Happy Feet Instructions*. Spend some time practising the dance, if you would like to! How do the written and the video instructions help in different ways?
- Read *Instruction Features*. Annotate Dance Instructions to show which of these features you can find.

2. Take notes from a video

- Watch the Cat Daddy instruction video
<https://www.howcast.com/videos/508478-how-to-do-the-cat-daddy-kids-hip-hop-moves>
- Make notes to help you remember the most important parts of these instructions. (You can use words and quick sketches)

3. Now for some writing

- Use your notes to write a set of instructions for the Cat Daddy.
- Set out your Cat Daddy instructions like the *Happy Feet Instructions*. Try to include some of the *Instruction Features*.

Well done. See if somebody else can learn the Cat Daddy dance from your instructions. What else do you need to tell them to help them learn it?

Try the Fun-Time Extra

Write some more instructions about a physical sequence. (It could be another dance, or how to take a corner on a scooter, or how to juggle). Test your instructions on someone else.

Dance Instructions

How to dance The Happy Feet

You will need:

- A space that's safe to dance
- Comfortable footwear
- Music with a strong beat

Start by practising each position slowly.

Position 1

1. Place your right foot on your heel.
2. Turn it so that your toes are facing out.
3. Place your left foot on your toe.
4. Turn it so that your toes are facing out.

Position 2

1. Place your right foot on your toe.
2. Turn it so that your toes are facing out.
3. Place your left foot on your heel.
4. Turn it so that your toes are facing out.

Practise moving from position to position slowly.

1. Move from Position 1 to a neutral standing position.
2. Next move to Position 2
3. Move back to a neutral standing position
4. Come back to Position 1
5. Keep repeating this sequence of movements.

Tips

- Count 1-8 in your head as you move
- Keep your knees bent
- Practise slowly at first
- Move the rest of your body to join in with your feet.

<https://www.youtube.com/watch?v=A-9RWQc4tzE>

Instruction Features

Purpose – tells how to do or make something

Range – Non-fiction book, recipe, science experiment, instruction on packaging, poster or sign, manual, craft patterns.

- **Title** which says what will be achieved
- List of **ingredients** or **equipment** needed
- **Step by step** actions
- Labelled **illustrations**
- **Bullet points** or **numbered lists**
- Clear, **concise** vocabulary and sentence structures
- **Imperative verbs** (e.g. Mix the flour, Cut along the line, Press the controller)
- Clear statements of **quantities, measurement and other details**
- Descriptive language used for **clarity** rather than vividness or effect
- **Adverbials** (numbers or time connectives) used to show stages in a process

Cat Daddy Transcript

Hey, what's up? I'm Jeff Collins. And now, I'm going to teach you guys how to do the cat daddy. You might have seen it before in a Rej3ctz video also featuring Chris Brown. He's doing it, so now you want to do it. We're going to show you how to do it. This is what you do. Take your right arm, put it across your body. Got it? I throw my right arm, and you see I lean my body? I just do it to add my own little...you know, my little flavour, whatever. You guys can add your own.

So I'm going to go right arm here, and then left arm. After that I'm going to make two circles. So I go circle, circle -- circles are on the side of my body. Kind of makes you think of a wheelchair or something. So that's what you're going to do. You're going to go circle, circle. Got it? Let's do it. I go right, left, circle, circle. Pretty simple. You have to add a dip in there. So we're going to do one small one and then a big one.

So it looks like this. Right, left, circle, circle. Got it? I'm going to do it again. You're going to go right, left, circle, circle. Let's try it to the other side. Again, I go right, left, circle, circle. Yeah? Right, left, circle, circle. Right, left, circle, circle. Right, left, circle, circle. Got it? Let's try it. We're going to slow it down a little bit, one more time. And then we can try it to the music.

So you're going to go right arm, left arm, do your circle, do your circle. Go right arm, left arm, do your circle, do your circle. We good? You good? Let's try it. A little bit faster. Six, seven, eight. You're going right, left, circle, circle. Right, left. You got it? Come on. Right, left. Yes? All right, now.

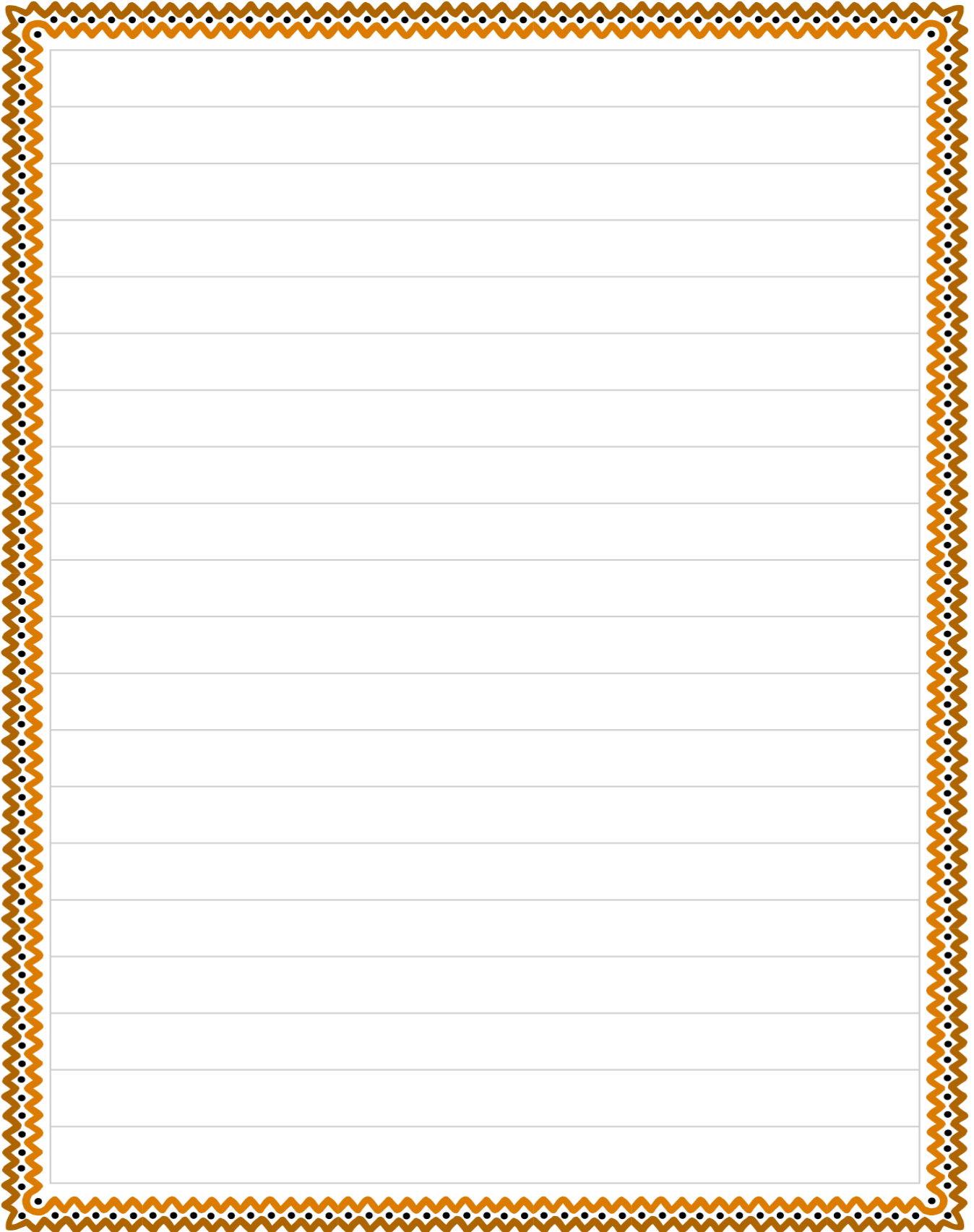
You don't always have to go, right, left. You can sometimes do it at the same time when you switch it up. But that's on you. So you can just go, boom, and hit it. Yeah? Boom, and hit it. Boom, and hit it. Switch it up; do it however you like it. But we're going to do it first that way with the music. You guys ready to try it out?

We are. Let's do it.

Now, see how he's doing it? You can switch it up and do it however you like. You can do the...and just switch it up. Got it? Now, go out to a party and try it. That's the cat daddy. Yeah?

Cat Daddy - Instructions

Set out your instructions here.



A large rectangular area with a decorative orange and black zigzag border. Inside the border, there are 20 horizontal lines for writing instructions.